

Women & Religion
Spring Retreat - March 2012
"Welcoming Spirit — Celebrating Our Herstory"

Friday, March 2

Time	Activity	Room	Details	Facilitator
10:00am - 5:00pm	Check In	Dining	Check in, find room, unpack, fill out sheets for each auction item in d.r.-bring books for book swap in d.r.	Napa women
12:30-1:30pm	Lunch	Dining	Announcements	Bev Morgan
1:45 - 3:15pm	Dance Meditation	Art	dress in layers, comfy footwear, bring water to drink	Annie Kempees
3:30 - 4:45pm	Emotional Freedom Technique	Kiva	It is a unique version of acupuncture without the use of needles	Ellen Doerfer
5 - 6pm	Social Hour	Dining	Relax with a pre-dinner drink or snack and meet friends both old and new	
6 - 7pm	Dinner	Dining	WELCOME Facility Instructions Introduce Workshop Leaders - taxi service - liaison	Enchanted Hills staff Annie Kempees
7 - 8pm	First affinity circle meeting	Dining	Separate into groups according to type of critter on your name badge	Megan Brooks
8:15 - 9:30pm	Gathering	Kiva	In-Gathering Ceremony	Beverly Morgan Geri Kennedy

Saturday, March 3

Time	Activity	Room	Details	Facilitator
7 -7:45am	Yoga	Kiva	Wake up and stretch!	Ginger Frederick
8 - 8:45am	Breakfast	Dining	Announcements	Bev Morgan
9 - 10am	Affinity Circles	Art, Kiva, Dining	2 nd Gathering	Affinity Group leaders
10:15-11:45am	Workshops		<i>see schedule for offerings</i>	
12:30 -1:30pm	Lunch	Dining	Announcements	Bev Morgan
1:45 - 3:15pm	Workshops		<i>see schedule for offerings</i>	

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3:15 - 5pm	FREE TIME		Relax, take a walk, bird watch, have a conversation	
5 - 6pm	Social Hour	Dining	enjoy friends both old and new	
6 - 7pm	Dinner	Dining	Announcements	Bev Morgan
7 - 7:30pm	Silent Auction	Dining	Payment and Pickup	Napa women
7:45 - 9:30pm	Play	Kiva	Laurie James performing <i>Winter Wheat</i>	Phyllis Boyson Geri Kennedy

Sunday, March 4

Time	Activity	Room	Details	Facilitator
7 - 7:45am	Yoga	Kiva	Wake up and stretch!	Ginger Frederick
8 - 8:45am	Breakfast	Dining	Announcements	Bev Morgan
9 - 10am	Affinity Circles	Art, Dining, Kiva	3rd affinity circle	Affinity Group leaders
10 - 11:15am	W & R Meeting	Kiva	Annual Meeting - choosing new planners for 2013 retreat	Phyllis Boyson
11:15am - 12:15pm	Worship/ Closing Ceremony	Kiva	Bring a small special memento for the altar	Marilyn Nutter
12:30- 1:30pm	Lunch	Dining	Announcements & thanks to Enchanted Hills staff	Bev Morgan
1:30 - 2pm	Finish packing for departure	sleeping rooms	Strip sheets from bed, remove towels from bathroom - place all on bedroom floor-replace bedspread	