

**WORKSHOPS AT THE ANNUAL RETREAT**  
**WELCOMING SPIRIT: CELEBRATING OUR HERSTORY**  
**UU WOMEN & RELIGION, PACIFIC CENTRAL DISTRICT**  
**ENCHANTED HILLS, NAPA, CALIFORNIA**  
**MARCH 2-4, 2012**

Choose among the workshops offered Saturday morning **10:15 to 11:45**, or afternoon **1:15 to 2:45**. **Please sign up for your non-binding choices of workshops at the table in the Dining Room.** Attending workshops is optional.

**SATURDAY MORNING, 10:15-11:45**

**UU WOMEN AND RELIGION MOVEMENT: ROOTS AND BRANCHES,**  
**Morning, Dining Hall**

The Woman and Religion movement often claims the *Women and Religion Resolution* as its official beginning. In this workshop we will revisit the resolution and its intentions, as well as explore some of the important community building and personal growth projects these presenters have authored. These include: *Cakes for the Queen of Heaven*, *Rise Up & Call Her Name*, *Gender Justice*, and *Unraveling the Gender Knot: Challenging the System that Binds Us*. All of these courses have been used by numerous groups and continue to be in demand. Those attending will have time to share what has interested them about Women and Religion and brainstorm about possible next steps. **Rosemary Matson, Rev. Shirley Ranck, Barbara Schonborn, and Liz Fisher, also facilitator**

**QUIPS, GIBES, EXCORIATIONS, STONES, AND MUD THAT FUEL THE SUPERIORITY OF MARGARET FULLER**

**Morning, Kiva**

Margaret Fuller was labeled arrogant, aggressive, ugly, scandalous, and she was often involved in literary entanglements that backfired. Though she felt her heart breaking, she acted with wit, boldness and apparent unconcern. Laurie James uncovers the true stories and digs into the mind and struggles of one of our most intelligent American achievers. Fuller stands as role model and mentor and shows us a way to overcome ridicule by acquiring confidence and a sense of worth. **Website:** [www.lauriejames.net](http://www.lauriejames.net)

**CREATING CARTOONS ON FABRIC FOR YOUR PROTEST POSTERS**

**Morning, Arts Room**

Jazz up your protest posters with cartoons, cloth, and lots of color. In the workshop each participant will make a poster. So bring your own protest slogan. This is a hands-on-get-in-and-do-it workshop. **Genny Guracar is also known as the cartoonist Bulbul. Website:** [www.bulbul.com](http://www.bulbul.com)

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## **SATURDAY AFTERNOON, 1:15-2:45**

### **FINDING SOPHIA: RE-DISCOVERING AND REBIRTHING DIVINE WISDOM IN OUR SPIRITUAL LIVES—Afternoon, Kiva**

In this workshop, women will explore ways the Divine Feminine, so powerful in early goddess cultures, became transformed into Sophia as Creator and eventually repressed in Western religious traditions. We will examine ways Sophia is currently again developing into a powerful figure in feminist spirituality as She re-emerges and is incorporated into our contemporary religious consciousness. The workshop will include an historical overview of Sophiology, meditative exercises, poetry, music, and song. **Marilyn Nutter**

### **REFLECTING ON OUR JOURNEYS**

#### **Afternoon, Arts Room**

Exploring the milestones in our lives that brought us to freer self-expression is the focus of this workshop. Finding our own voices and claiming our full personhood can require stepping out of socially determined roles and gender expectations. We will focus on these times in our lives when “stepping out” became necessary. Participants will have a chance to create a map of their own journeys and share in small groups the highlights of their discoveries. **Liz Fisher**

### **JUDGMENT OF TIME: An Accounting of Women’s Lives**

#### **Afternoon, Dining Hall**

The book *Judgment of Time*, by Doris L. Pullen, describes a fictional judge’s view of 19<sup>th</sup> century Unitarian or Universalist women—Susan B. Anthony, Lucy Stone, Julia Ward Howe, and Mary A. Livermore—and of women of the 20<sup>th</sup> century women. We will bring the discussion up to date with UU women who live(d) after 1975. **Meg Bowman**

### **THRESHOLD SINGING**

#### **Afternoon, Dining Hall**

Threshold singing is derived from the ancient tradition of singing at the bedside of those who are struggling, some with living, and some with dying. In our workshop we give participants the chance to sing and take home four of our most beloved songs. You will have an opportunity to be sung to “in the chair,” recreating the magic of a real bedside experience. If you can carry a tune and a heart full of love at the same time, this workshop is for you. **Suze Bobzien and Tracy Ruhs**

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